## Monday, October 7

12:00 pm-2:00 pm

Workshops

Lunch Provided

2:30 pm-4:30 pm

Workshops & Immersive Experiences

12:00 pm-4:00 pm

Immersive Experiences

Lunch Provided

6:00 pm-8:00 pm

**Experience Traverse City!** 

Enjoy the conference region! Choose your dining and entertainment experience among a list of curated options, or create a local meet-up on your own!

8:30 pm-9:30 pm

**Networking Receptions** 

## Tuesday, October 8

6:30 am-7:15 am

Movement & Mindfulness: Yoga

8:00 am-9:15 am

## **Annual Members Meeting**

Breakfast & Award Presentation

9:45 am-11:00 am

**Breakout Sessions** 

11:30 am-12:45 pm

**Breakout Sessions** 

1:00 pm-2:30 pm

Main Stage Event

Luncheon, Keynote & Award Presentation

2:30 pm-3:30 pm

Outdoor Networking Break

3:30 pm-4:45 pm

**Community Connections** 

Peer Gatherings & Networking

5:15 pm-6:15 pm

**Networking Reception** 

6:15 pm -8:15 pm

Main Stage Event

Dinner, Arts Infusion, Keynote & Award Presentation

8:30 pm-9:30 pm

**Networking Receptions** 

## Wednesday, October 9

6:30 am-7:15 am

**Movement & Mindfulness: AM Run** 

8:00 am-9:15 am

Main Stage Event

Breakfast, Keynote & Award Presentation

9:45 am-11:00 am

**Breakout Sessions** 

11:30 am-12:45 pm

**Breakout Sessions** 

1:00 pm-2:30 pm
Main Stage Event

Luncheon, Keynote, Award Presentation & Closing Celebration